# WEEK 1: EXCELLENCE (AUG. 12 - 18)

### Verse:

"In all the work you are doing, work the best you can. Work as if you were working for the Lord, not for men." - Colossians 3:23

# Question:

What are some things that you want to give your best? (a game, a race, school, etc.) What are some things you find difficult to give your best? (homework, chores, etc.)

### Commentary:

The Bible teaches us to do our best in everything we do. We are often asked to do things that we don't want to do. In those times, we should still do our best and without complaining because it is honoring to God.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for teaching me the importance of doing my best. Help me to honor You by giving my best in everything I do. It is in Your name I pray, amen.

# **WEEK 2: ENDURANCE (AUG. 19 - 25)**

### Verse:

"Let us run with endurance the race God has set before us."

- Hebrews 12:1

# **Question:**

What does endurance mean? (The ability to continue despite being tired!)

## **Commentary:**

No matter the sport you play, physical endurance is required to win. In the same way, spiritual endurance is required when faced with difficulty in life.

**Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for giving me the tools needed to run life's race with endurance. Help me to not give up when things get hard. It is in Your name I pray, amen.

# WEEK 3: GOD'S GIFTS (AUG. 26 - SEP 1)

## Verse:

"Every good and perfect gift is from above."

# Question:

Where does every good and perfect gift come from? (Above!)

# Commentary:

God's gifts may not look like a present you opened for your birthday or for Christmas but His gifts will be exactly what you need, when you need it. Those gifts could look like waking up in the morning and being able to run and play and learn. All of His gifts are good!

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank you for the gifts you have given me. Help me to always recognize the gift you give me even if it doesn't look like what I expect. It is in Your name I pray, amen.

- James 1:17

# WEEK 4: LOVE (SEP. 2 - 8)

## Verse:

"Live a life of love. Love other people just as Christ loves us."

- Ephesians 5:2

# Question:

What kind of life are we supposed to live? (A life of Love!)

## **Commentary:**

When we live a life of love, we show the world that we are true followers of Jesus Christ. We are to love others just as He loves YOU! Yes, You!

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for your amazing and perfect love. Help me to always show that same love to others around me in everything I do. Help me to lead others to you through love. It is in Your name I pray, amen.

# WEEK 5: GOD'S MERCY (SEP. 9 - 15)

## Verse:

"He saved us because of His mercy, not because of good deeds we did to be right with God. He saved us through the washing that made us new people." - Titus 3:5

# Question:

Why did he save us? (His Mercy!)

# Commentary:

A lot of times it is easy for us to get down on ourselves for making mistakes or failing at something we do. But we are to always remember the mercy that God has for us. It is His mercy that covers us and makes us new.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for the mercy that you have shown me. Without your mercy I would be lost. Help me to always show mercy to others. It is in your name I pray, Amen.

# WEEK 6: GOD IS WITH YOU (SEP. 18 - 22)

## Verse:

"Be strong and brave. Don't be afraid. Don't be frightened. The Lord your God will go with you. He will not leave you or forget you." - Deuteronomy 31:6

# Question:

What are we supposed to be? (Strong and Brave) Why? (Because God is with you and he will never forget you!)

### **Commentary:**

One of the most important promises God makes to us, as His children, is His promise to be near. The enemy will try to make us think Jesus is not near, when we do things wrong, but God says he'll never leave us no matter what.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for staying with us through every situation we go through. Help me to always remember that you will never leave us or be far from us. It is in Your name I pray, amen.

# WEEK 7: THE SPIRIT GOD GIVES US (SEP. 23 - 29)

### Verse:

"God did not give us a spirit that makes us afraid. He gave us a spirit of power and love and self-control." - 2 Timothy 1:7

# **Question:**

What did he give us a spirit of? (Power, Love, and Self Control.)

## Commentary:

In times that we are overwhelmed or afraid, we must always remember that the spirit God has given us is a spirit that can win against anything. Because when we respond with love, power and self-control, it honors God in everything we do.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for the spirit you have given us. Help us to be an example to everyone around us, that we can show them what your spirit looks like. It is in Your name I pray, amen.

# WEEK 8: FAITHFULNESS (SEP. 30)

#### Verse:

"God is faithful. He is the One who has called you to share life with His son, Jesus Christ our Lord." - 1 Corinthians 1:9

### **Question:**

God is what? (Faithful!)

## Commentary:

God has always been and will always be faithful. Sometimes in life it is easy to worry about things we go through, but when we remind ourselves of times that God has been faithful, it can make life much easier. God has given us life with His son Jesus and our faith must always be in the Lord.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, give me the desire and ability to see you, hear you, talk to you, and give thanks to you. In doing so, I pray that my faith will grow, as I understand you more. Thank you for always listening. It is in Your name I pray, amen.

# WEEK 9: SPORTSMANSHIP (OCT. 2 - 6)

### Verse:

"When you do things, do not let selfishness or pride be your guide. Be humble and give more honor to others than to yourselves." - Phillipians 2:3

# Question:

Who can tell me what sportsmanship means? (Treating others with respect while playing a sport!)

## Commentary:

Sportsmanship is about doing your best to put others before yourself. When you are a good sport, you are building other people up, working together, and doing everything for the glory of God. So during games, always remember to be a good sportsman!

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, let me always do everything as unto You. Help me to not seek my own glory but to point all glory to You. Help me to always place others before myself, even when I want to take the credit. I want to live to give You glory. It is in Your name I pray, amen.

# WEEK 10: GRACE (OCT. 7 - 13)

### Verse:

"The Lord said to me, "My grace is enough for you. When you are weak, then my power is made perfect in you." - 2 Corinthians 12:9

# Question:

Who's grace is enough for you? (God's Grace!)

# Commentary:

Grace is showing goodness toward those who have no reason to expect it and may not deserve it. God has more grace than we could ever imagine! We ourselves could have never earned the grace of God and that is why it is a gift from God.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for your grace. Help me to always show grace to others just like you have shown me. It is in Your name I pray, amen.

# WEEK 11: GOD'S PLAN (OCT. 14 - 20)

### Verse:

No one has ever seen, heard, or imagined, what God has prepared for those who love him. - 1 Corinthians 2:9

### **Question:**

Who are we supposed to love? (God!)

### Commentary:

We think we know best, but the Bible tells us God's plan is so much better. All he asks is for us to love him.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for the plan that you have for my life. Even when my own plans don't work out, your plan is still in place for my life. Help me to follow your will and to always honor the plan that you have for me. It is in Your name I pray, amen.

# WEEK 12: MORNING PRAYER (OCT. 21 - 27)

### Verse:

"Lord, every morning you hear my voice. Every morning, I tell you what I need and wait for your answer." - Psalm 5:3

# Question:

What should we start every day with? (Prayer!)

## Commentary:

We should always start our days in prayer. When you begin your days in prayer, it shows God that He is a priority in your daily life.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, Thank You for guiding me through my days. Help me to start every single day in Your presence and to learn from my time with You. It is in Your name I pray, amen.

# WEEK 13: SERVING OTHERS (OCT. 28 - NOV. 3)

### Verse:

"In the same way, the Son of Man did not come to be served. He came to serve. The Son of Man came to give his life to save many people." - Mark 10:45

# Question:

Why should we serve others? (Because God calls us to serve others!)

# Commentary:

If Jesus came to serve, then serving others should be very high on our list of how we should live our lives. Seeing a need and meeting that need out of pure love for others is one of the greatest ways to honor God.

#### **Prayer:** (Have players repeat after you)

Dear Jesus, thank You for showing us how to serve others. Teach us the importance of serving others. Help us to remember to put the needs of others above our own. It is in Your name we pray, amen.

# WEEK 14: THANKFULNESS (NOV. 4)

### Verse:

"Just as you received Christ Jesus as Lord, continue to live for him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness." - Colossians 2:6-7

### **Question:**

What does Thankfulness mean? What is something YOU are thankful for?

### **Commentary:**

Thankfulness comes from having a relationship with Jesus and understanding God's love for us. We should choose thankfulness even in difficult situations because we already have victory through Jesus Christ.

#### **Prayer:** (Have players repeat after you)

Dear Heavenly Father, I give thanks to You today and every day. Remind me to be thankful this week no matter what I face. It is in Your name I pray, amen.